

THE CIVILITY CALENDAR





2017 CIVILITY CALENDAR

SUPPORT NOTES

1. The **Civility Calendar** is an initiative led by The Civility Center (www.CivilityCenter.org) to provide focus and resources to help to restore civility in our society. The calendar is regularly updated. Please visit www.CivilityCalendar.com for new resources and events every month. For further information, or to book civility events or speakers, please email Rochelle@CivilityExperts.com. To become a Member of The Civility Center, or to become a Civility Ambassador, please visit www.CivilityCenter.org.
2. The **Civility Calendar** is an [UpTo App](#) which is available for free on iTunes or the Google Play Store. Please download the app. Once downloaded, click on "Discover" and search for "The Civility Calendar" which is listed as a public calendar. You will then be notified of civility events, news, opportunities, and featured resources, and you can click on the event to get more information, to register, or to contact meeting planners for the particular event.
3. Please share the calendar with anyone you think would be interested in civility events, share events on your social media, and "like" The Civility Center on Facebook. If you wish to add an event to the calendar, please contact Rochelle@CivilityExperts.com and put "Civility Calendar" in the subject line. There is no cost for not-for-profit organizations to submit events. There is a \$25.00US fee for businesses and corporations to submit their events. Please note that not all event submissions will be accepted.
4. If you would like to promote civility in your home, community, school or workplace, please visit <http://www.CivilityCalendar.com> to find additional resources, recommended reading, and other information about the civility theme for each month. There are also press releases, social media supports, news, a Civility Toolkit, a newsfeed, videos, and other information that you can review and share at <http://www.CivilityCenter.org>.

CIVILITY CALENDAR—MONTHLY SNAPSHOT

JANUARY- Civility Starts With You



It doesn't matter where you live in the world, your age, or how much money, education, or fame you have, each of us—including *you*—can make a difference by choosing civility every day. Every kindness, every act of generosity and every effort to be open-minded makes a difference and repairs our world.

Why not begin the New Year by making a personal promise to try to choose civility every day? Make it your personal mission to learn about civility, to be courteous, to show restraint when others are uncivil, and to take responsibility for your contribution to the world.

For the month of January, let ***“Civility starts with me—
I choose civility every day”*** be the mantra that guides you.

Please visit www.CivilityCalendar.com for January supports including featured organization, free resources, and recommended reading. You can also download the UpTo App (a link is provided on the webpage) so you can download a monthly calendar of events.

For Support and/or Media Inquiries please contact:

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FEBRUARY – Civility Online



Online bullying is called cyberbullying. Cyberbullying can impact people of all ages who use the Internet, cell phones, or other devices. However, it is teens who often experience texts or images intended to hurt or embarrass them. Almost half of all North American teens are victims of cyber bullying. Whether you have been a victim of cyberbullying or know someone who has been cyberbullied, there are steps you and your friends can take to stop cyberbullying and stay cyber-safe (www.cyberbullying.org.)

Cyberbullying is not only happening to children and teens. Adults engage in it as well.

February's civility affirmation is: ***"We all deserve respect online; bullying is not okay. I will report cyberbullying if I experience it, or witness it."***

NOTE: The National Crime Prevention Council defines cyberbullying as: "When the Internet, cell phones or other devices are used to send or post text or images intended to hurt or embarrass another person."

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MARCH – Civility in the Community



Each of us is part of a community, and all over the country individuals and community groups are working together to build a better quality of life for themselves and their families. If we can find a way to involve *all* community members in finding solutions to local issues and solutions that address the interests of *all* families and residents, not just those with the most obvious needs, we can build better communities. We need to start the conversation with community leaders, talk to our neighbors, and get involved.

The civility affirmation for March is, ***“Each of us has the right and the responsibility to improve the community in which we live. I am a resource and agent of change.”***

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APRIL – Civility Around the Globe Month - Featuring World Civility Day



We live in an ever-changing world. Sometimes our world seems filled with challenges and unrest, or with hatred and incivility. It's often easy to focus on the differences that divide us. But there is much good in the world. If you choose to see it, there is kindness and love all around us. We can choose to set our differences aside and work together to learn from each other. And we can foster kindness, peace and civility. It is up to each of us. World Civility Day is about celebrating each other, and focusing on the ways we all benefit by taking care of each other and the wonderful world we live in.

The civility affirmation for April is, ***"I am a global citizen. Every person has value and I can make a difference and work to repair our world."***

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MAY – International Civility Month – Focus on Civility at Work



According to Gallup, 87% of workers worldwide are “emotionally disconnected from their workplaces and less likely to be productive.” In other words, work is more often a source of frustration than one of fulfillment for the vast majority of the world’s workers. Alarming, research shows that on average 80% of workers’ frustration is a result of real and/or perceived incivility at work. Fostering civility in the workplace is good for our health, relationships, and productivity. And it’s also good for business, because civility at work has also been proven to increase retention, engagement, and profitability for employers.

Civility affirmation for May, ***“Through my attitude, words and actions, I have the power to contribute to a positive workplace culture.”***

Please visit www.CivilityCalendar.com for May for resources, including featured organizations, free tools, and recommended reading. You can also download the UpTo App (a link is provided on the webpage) to download a monthly calendar of events.

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JUNE – Civility in Sports



Whether it is intramural sports, playing as part of a team at the community level, or competing as a professional athlete, participation in sports offers an opportunity to strive for personal excellence. But sports are also about camaraderie, teamwork, and discipline, as well as presenting oneself with self-respect. Sportsmanship is about achieving our best, while also honoring the rules of the game, and the skills, commitment, and contribution of others. These days, in many arenas, playgrounds, and stadiums it seems both competitors and spectators have forgotten about sportsmanship. It's time to bring civility back to sports.

Civility Affirmation for June, ***"Respect in sports is important. Today I will exercise good sportsmanship".***

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JULY – Civility in Government



Stated simply, “politics” refers to the way officials and government make decisions on behalf of people in groups, organizations, and countries. Through the political process, decisions are made about how shared money is spent, how resources are divided, education, healthcare, laws, taxes, and many other issues that help determine how we live together. Unfortunately, for many people, *politics* is almost automatically associated with *incivility*. The overall tone of politics and the example set by some of our political leaders impacts us all. This month, we invite you to think about the need for civil interactions and communication in our political systems. How can we achieve civility in politics?

Civility affirmation for July, ***“I acknowledge that each of us has the right to express our individual values and opinions. I choose to express myself in a restrained and respectful way, and I expect others to do the same.”***

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AUGUST – Civility at Home - Focusing on our Families



Finding our way in the world can be difficult at times. For many of us, it is simply knowing we have family who loves and support us that gets us through. But sometimes we get busy with school and work, or other activities, and we forget to show appreciation for the people who love us the most. “Home” should be a place of peace and safety, where we experience kindness. Civility starts at home. This is where we learn respect for ourselves, for others, and for the world around us.

Civility Affirmation for August, ***"Civility starts at home. I am grateful for my family."***

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SEPTEMBER – Civility at School



Attending school should be a fun and friendship filled learning and growth experience for children ages 5-18. But when children are afraid to attend school due to bullying, economic status, cultural backgrounds, communication barriers or other issues, school can become a source of anxiety, fear, and sadness. Beginning with Kindergarten, school influences how children see the world and how they imagine their futures. We can all do more, and do better, to help make school a positive, happy place where children can learn and grow into their best selves.

Civility affirmation for September, ***“Every one of us has something of value to contribute to the world. Who I am makes a difference.”***

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A special note to acknowledge Heloise Bridges, *“Who I am makes a difference”*
<http://acknowledgmentmovie.com/index.php>

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OCTOBER – Civility in Higher Education



There is tremendous value in higher education. In addition to the monetary return on investment graduates often see, there are also benefits to an individual's personal growth, and there is a measurable benefit to society. But some of these benefits are counteracted if incivility is allowed to run rampant, and we are seeing the consequences of increasing incivility at technical colleges, learning centers, universities, and on educational campuses all around the world. Whether it is boosting collegiality among faculty, identifying administrative bias, changing unfair or unequal policies, or dismantling uncivil student traditions or campus culture, it is time to make positive changes and build civility in higher education.

October civility affirmation, ***"I am a continuous learner. Through knowledge, I have the power to change my world view."***

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NOVEMBER – Civility in Communication



Whether it's mainstream media, social media, music, images, or verbal communications in our daily interactions, it seems we are constantly bombarded with bad news, negativity, and incivility. Some of us experience this incivility to the degree that we have become numb to it. This overall negative tone of communications, profanity, aggression, and toxicity impacts our health, our stress levels, and how we interact with each other. At work, school, our religious home, or even at the coffee shop, the gym or the movie theatre, each of us has the opportunity to choose what communications we pay attention to, what we repeat and endorse, and how we present ourselves communication-wise. This month, challenge yourself to choose positive communications. Turn off or shut out the rest.

Civility affirmation for November, ***“I will listen patiently when others speak and exercise restraint and courtesy in my communications.”***

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DECEMBER – Civility and Generosity



When we are civil, we care about others and we do what we can to make life easier for others. We do this through kindness and through giving of our time and resources to help others. It doesn't matter if you only have a small amount to give, every bit matter and even the smallest gesture can make a difference. For the month of December, think about what you have to offer to others. A smile, extending a courtesy, saying thank you, stopping to help someone, or making a donation to a charity or someone in need, try to do something thoughtful every day.

Civility affirmation for December,

"Courtesy costs nothing but means much. Today I will give generously with no expectation of return."

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